

SOBOLEV REGULARITY AND AN ENHANCED JENSEN INEQUALITY

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ABSTRACT. We derive a new criterion for a real-valued function u to be in the Sobolev space $W^{1,2}(\mathbb{R}^n)$. This criterion consists of comparing the value of a functional $\int f(u)$ with the values of the same functional applied to convolutions of u with a Dirac sequence. The difference of these values converges to zero as the convolutions approach u , and we prove that the rate of convergence to zero is connected to regularity: $u \in W^{1,2}$ if and only if the convergence is sufficiently fast. We finally apply our criterium to a minimization problem with constraints, where regularity of minimizers cannot be deduced from the Euler-Lagrange equation.

1. INTRODUCTION

Jensen's inequality states that if $f : \mathbb{R} \rightarrow \mathbb{R}$ is convex and $\varphi \in L^1(\mathbb{R}^n)$ with $\varphi \geq 0$ and $\int \varphi = 1$, then

$$\int_{\mathbb{R}^n} f(u(x))\varphi(x) dx \geq f\left(\int_{\mathbb{R}^n} u(x)\varphi(x) dx\right),$$

for any $u : \mathbb{R}^n \rightarrow \mathbb{R}$ for which the integrals make sense. A consequence of this inequality is that

$$\int_{\mathbb{R}^n} f(u) = \int_{\mathbb{R}^n} f(u) * \varphi \geq \int_{\mathbb{R}^n} f(u * \varphi). \quad (1.1)$$

In this paper we investigate the inequality (1.1) more closely. In particular we study the relationship between the regularity of a function $u \in L^2(\mathbb{R}^n)$ and the asymptotic behaviour as $\varepsilon \rightarrow 0$ of

$$T_f^\varepsilon(u) := \int_{\mathbb{R}^n} [f(u) - f(u * \varphi_\varepsilon)]. \quad (1.2)$$

Here $\varphi_\varepsilon(y) = \varepsilon^{-n}\varphi(\varepsilon^{-1}y)$ and f is a smooth function, but now not necessarily convex. Since $u * \varphi_\varepsilon \rightarrow u$ almost everywhere, we find for 'well-behaved' f that $T_f^\varepsilon(u) \rightarrow 0$ as $\varepsilon \rightarrow 0$. Our aim is to establish a connection between the *rate of convergence* of $T_f^\varepsilon(u)$ to zero and the *regularity* of u .

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Such a connection between the decay rate of $T_f^\varepsilon(u)$ and the regularity of u is suggested by the following informal arguments. Taking $n = 1$, and assuming φ to be even and u to be smooth, we develop $u * \varphi_\varepsilon$ as

$$u * \varphi_\varepsilon(x) = \int_{\mathbb{R}} u(x-y)\varphi_\varepsilon(y) dy \approx u(x) + \frac{\varepsilon^2}{2}u''(x) \int_{\mathbb{R}} y^2\varphi(y) dy, \quad (1.3)$$

so that

$$T_f^\varepsilon(u) \approx -c\varepsilon^2 \int_{\mathbb{R}} f'(u)u'' = c\varepsilon^2 \int_{\mathbb{R}} f''(u)|u'|^2, \quad (1.4)$$

with $c = \frac{1}{2} \int_{\mathbb{R}} y^2\varphi(y) dy$. This suggests that if $u \in W^{1,2}(\mathbb{R})$ then $T_f^\varepsilon(u)$ is of order ε^2 . Moreover, since $f'' \geq 0$ in the case that f is convex, (1.4) gives an enhanced version of (1.1).

Conversely, for functions not in $W^{1,2}(\mathbb{R}^n)$ we might not observe decay of $T_f^\varepsilon(u)$ with the rate of ε^2 , as a simple example shows. Take $f(u) = u^2$ and consider a function with a jump singularity such as $u(x) = H(x) - H(x-1) \notin W^{1,2}(\mathbb{R})$, where $H(x)$ is the Heaviside function. Now choose as regularization kernels the functions $\varphi_\varepsilon(x) = \frac{1}{2\varepsilon}(H(x+\varepsilon) - H(x-\varepsilon))$, after which an explicit calculation shows that $T_f^\varepsilon(u) = 2\varepsilon/3$. Here the decay is only of order ε .

The goal of this paper is to prove the asymptotic development (1.4) in arbitrary dimension and to show that also the converse statement holds true: if $T_f^\varepsilon(u)$ is of order ε^2 then $u \in W^{1,2}(\mathbb{R}^n)$. These results are stated below and proved in Sections 2 and 3.

The fact that one can deduce regularity from the decay rate is the original motivation of this work. In Section 4 we illustrate the use of this result with a minimization problem in which the Euler-Lagrange equation provides no regularity for a minimizer u . Instead we estimate the decay of $T_f^\varepsilon(u)$ directly from the minimization property and obtain that u is in $W^{1,2}$.

Our results can be compared to the characterisation of Sobolev spaces introduced by Bourgain, Brezis and Mironescu [2, 4]. In fact, the regularity conclusion in Theorem 1.2 could be derived from [2], with about the same amount of effort as the self-contained proof that we give here.

1.1. Notation and assumptions. Let $\varphi \in L^1(\mathbb{R}^n)$ satisfy

$$\varphi \geq 0 \quad \text{in } \mathbb{R}^n, \quad (1.5)$$

$$\int_{\mathbb{R}^n} \varphi = 1, \quad (1.6)$$

$$\int_{\mathbb{R}^n} y\varphi(y) dy = 0, \quad (1.7)$$

$$\int_{\mathbb{R}^n} |y|^2\varphi(y) dy < \infty. \quad (1.8)$$

For $\varepsilon > 0$ we define the Dirac sequence

$$\varphi_\varepsilon(x) := \frac{1}{\varepsilon^n} \varphi\left(\frac{x}{\varepsilon}\right). \quad (1.9)$$

Eventually we will restrict ourselves to the case that φ is rotationally symmetric, that is $\varphi(x) = \tilde{\varphi}(|x|)$, where $\tilde{\varphi} : \mathbb{R}_0^+ \rightarrow \mathbb{R}_0^+$. Then (1.6) is equivalent to

$$n\omega_n \int_0^\infty r^{n-1} \tilde{\varphi}_\varepsilon(r) dr = 1, \quad (1.10)$$

where ω_n denotes the volume of the unit-ball, i.e. $|B_1(0)| = \omega_n$.

For a function $u \in L^1(\mathbb{R}^n)$ and $0 \leq s \leq 1$ we define the convolution u_ε and modified convolutions $u_{\varepsilon,s}$ by

$$u_\varepsilon(x) := (u * \varphi_\varepsilon)(x) = \int_{\mathbb{R}^n} u(x-y) \varphi_\varepsilon(y) dy, \quad (1.11)$$

$$u_{\varepsilon,s}(x) := (u * \varphi_{\varepsilon s})(x) = \int_{\mathbb{R}^n} u(x-y) \varphi_{\varepsilon s}(y) dy = \int_{\mathbb{R}^n} u(x-sz) \varphi_\varepsilon(z) dz. \quad (1.12)$$

Note that $u_\varepsilon = u_{\varepsilon,1}$, $u = u_{\varepsilon,0}$.

We also use the notation $a \otimes b$ for the tensor product of $a, b \in \mathbb{R}^n$.

1.2. Statement of main results. Our first result proves (1.4).

Theorem 1.1. *Let $f \in C^2(\mathbb{R})$ have uniformly bounded second derivative and*

$$f(0) = 0, \quad f'(0) = 0. \quad (1.13)$$

Let $(\varphi_\varepsilon)_{\varepsilon>0}$ be a Dirac sequence as in Section 1.1. Then for any $u \in W^{1,2}(\mathbb{R}^n)$,

$$\lim_{\varepsilon \rightarrow 0} \frac{1}{\varepsilon^2} \int_{\mathbb{R}^n} [f(u) - f(u_\varepsilon)] dx = \frac{1}{2} \int_{\mathbb{R}^n} f''(u(x)) \nabla u(x) \cdot A(\varphi) \nabla u(x) dx, \quad (1.14)$$

where

$$A(\varphi) = \int_{\mathbb{R}^n} (y \otimes y) \varphi(y) dy. \quad (1.15)$$

If φ is rotationally symmetric, i.e. $\varphi(x) = \tilde{\varphi}(|x|)$, then

$$\lim_{\varepsilon \rightarrow 0} \frac{1}{\varepsilon^2} \int_{\mathbb{R}^n} [f(u) - f(u_\varepsilon)] dx = \frac{1}{2} a(\varphi) \int_{\mathbb{R}^n} f''(u(x)) |\nabla u(x)|^2 dx, \quad (1.16)$$

with

$$a(\varphi) = \omega_n \int_0^\infty r^{n+1} \tilde{\varphi}(r) dr. \quad (1.17)$$

The second theorem shows that for uniformly convex f a decay of $T_f^\varepsilon(u)$ of order ε^2 implies that $u \in W^{1,2}(\mathbb{R}^n)$.

Theorem 1.2. *Let $f \in C^2(\mathbb{R})$ have uniformly bounded second derivative, assume that (1.13) is satisfied, and that there is a positive number $c_1 > 0$ such that*

$$f'' \geq c_1 \quad \text{on } \mathbb{R}. \quad (1.18)$$

If for $u \in L^2(\mathbb{R}^n)$,

$$\liminf_{\varepsilon \rightarrow 0} \frac{1}{\varepsilon^2} \int_{\mathbb{R}^n} [f(u(x)) - f(u_\varepsilon(x))] dx < \infty, \quad (1.19)$$

then $u \in W^{1,2}(\mathbb{R}^n)$. In particular (1.14) and (1.16) hold.

Remark 1.3. We prescribe (1.13) since in general the difference $f(u) - f(u_\varepsilon)$ need not have sufficient decay to be Lebesgue integrable. For functions $u \in L^1(\mathbb{R}^n) \cap L^2(\mathbb{R}^n)$ Theorems 1.1 and 1.2 hold even without assuming (1.13).

2. PROOF OF THEOREM 1.1

We first show that $f(u) - f(u_\varepsilon) \in L^1(\mathbb{R}^n)$. Let $\eta \in C_c^0(\mathbb{R}^n; [0, 1])$. Using the Fundamental Theorem of Calculus we obtain that

$$\begin{aligned}
& \int_{\mathbb{R}^n} \eta(x) |f(u(x)) - f(u_\varepsilon(x))| dx = \\
&= \int_{\mathbb{R}^n} \eta(x) \left| \int_0^1 \frac{\partial}{\partial s} f(u_{\varepsilon,s}(x)) ds \right| dx \\
&\leq \int_0^1 \int_{\mathbb{R}^n} \eta(x) \int_{\mathbb{R}^n} |f'(u_{\varepsilon,s}(x)) \nabla u(x - sy) \cdot y \varphi_\varepsilon(y)| dy dx ds \\
&\leq \frac{1}{2} \int_0^1 \int_{\mathbb{R}^n} \eta(x) \int_{\mathbb{R}^n} f'(u_{\varepsilon,s}(x))^2 |y| \varphi_\varepsilon(y) dy dx ds \\
&\quad + \frac{1}{2} \int_0^1 \int_{\mathbb{R}^n} \eta(x) \int_{\mathbb{R}^n} |\nabla u(x - sy)|^2 |y| \varphi_\varepsilon(y) dy dx ds, \quad (2.1)
\end{aligned}$$

where we have used Fubini's Theorem and Young's inequality. For the first term on the right-hand side we deduce by (1.8) and (1.13) that

$$\begin{aligned}
\int_{\mathbb{R}^n} \int_{\mathbb{R}^n} \eta(x) f'(u_{\varepsilon,s}(x))^2 |y| \varphi_\varepsilon(y) dy dx &\leq C_\varepsilon(\varphi) \|f''\|_\infty^2 \int_{\mathbb{R}^n} u_{\varepsilon,s}(x)^2 dx \\
&\stackrel{(1.1)}{\leq} C_\varepsilon(\varphi) \|f''\|_\infty^2 \int_{\mathbb{R}^n} u(x)^2 dx. \quad (2.2)
\end{aligned}$$

For the second term on the right-hand side of (2.1) we obtain similarly

$$\int_{\mathbb{R}^n} \int_{\mathbb{R}^n} \eta(x) |\nabla u(x - sy)|^2 |y| \varphi_\varepsilon(y) dy dx \leq C_\varepsilon(\varphi) \int_{\mathbb{R}^n} |\nabla u(x)|^2 dx. \quad (2.3)$$

By (2.1)-(2.3) we therefore obtain

$$\int_{\mathbb{R}^n} \eta(x) |f(u(x)) - f(u_\varepsilon(x))| dx \leq C_\varepsilon(\varphi) (1 + \|f''\|_\infty^2) \|u\|_{W^{1,2}(\mathbb{R}^n)}^2 < \infty. \quad (2.4)$$

Letting $\eta \nearrow 1$ we deduce that $f(u) - f(u_\varepsilon) \in L^1(\mathbb{R}^n)$. Repeating some of the calculations above, we obtain that

$$\begin{aligned}
T_f^\varepsilon(u) &= - \int_{\mathbb{R}^n} \int_0^1 \frac{\partial}{\partial s} f(u_{\varepsilon,s}(x)) ds dx \\
&= \int_0^1 \int_{\mathbb{R}^n} \int_{\mathbb{R}^n} f'(u_{\varepsilon,s}(x)) \nabla u(x - sy) \cdot y \varphi_\varepsilon(y) dy dx ds \quad (2.5)
\end{aligned}$$

and that

$$\begin{aligned}
f'(u_{\varepsilon,s}(x)) - f'(u_{\varepsilon,s}(x - sy)) &= - \int_0^s \frac{\partial}{\partial r} f'(u_{\varepsilon,s}(x - ry)) dr \\
&= \int_0^s f''(u_{\varepsilon,s}(x - ry)) \nabla u_{\varepsilon,s}(x - ry) \cdot y dr. \quad (2.6)
\end{aligned}$$

Since for all $0 \leq s \leq 1$

$$\begin{aligned} \int_{\mathbb{R}^n} \int_{\mathbb{R}^n} f'(u_{\varepsilon,s}(x-sy)) \nabla u(x-sy) \cdot y \varphi_\varepsilon(y) dy dx &= \\ &= \int_{\mathbb{R}^n} \int_{\mathbb{R}^n} f'(u_{\varepsilon,s}(z)) \nabla u(z) \cdot y \varphi_\varepsilon(y) dz dy \\ &\stackrel{(1.7)}{=} 0, \end{aligned}$$

we deduce from (2.5), (2.6) that

$$\begin{aligned} \frac{1}{\varepsilon^2} \int_{\mathbb{R}^n} [f(u(x)) - f(u_\varepsilon(x))] dx &= \\ &= \frac{1}{\varepsilon^2} \int_0^1 \int_{\mathbb{R}^n} \int_{\mathbb{R}^n} \left[\left(\int_0^s f''(u_{\varepsilon,s}(x-ry)) \nabla u_{\varepsilon,s}(x-ry) \cdot y dr \right) \right. \\ &\quad \left. \nabla u(x-sy) \cdot y \varphi_\varepsilon(y) \right] dy dx ds \\ &= \frac{1}{\varepsilon^2} \int_0^1 \int_0^s \int_{\mathbb{R}^n} \int_{\mathbb{R}^n} \left[f''(u_{\varepsilon,s}(x)) \nabla u_{\varepsilon,s}(x) \cdot y \right. \\ &\quad \left. \nabla u(x-ry) \cdot y \varphi_\varepsilon(y) \right] dy dx dr ds \\ &= \frac{1}{\varepsilon^{n+2}} \int_0^1 \int_0^s \int_{\mathbb{R}^n} f''(u_{\varepsilon,s}(x)) \nabla u_{\varepsilon,s}(x) \cdot \\ &\quad \int_{\mathbb{R}^n} (y \otimes y) \cdot \nabla u(x-ry) \varphi(\varepsilon^{-1}y) dy dx dr ds \\ &= \frac{1}{\varepsilon^{n+2}} \int_0^1 \int_0^s \int_{\mathbb{R}^n} f''(u_{\varepsilon,s}(x)) \nabla u_{\varepsilon,s}(x) \cdot \\ &\quad \frac{1}{r^{n+2}} \int_{\mathbb{R}^n} (z \otimes z) \cdot \nabla u(x-z) \varphi(\varepsilon^{-1}r^{-1}z) dz dx dr ds \\ &= \int_0^1 \int_0^s \int_{\mathbb{R}^n} f''(u_{\varepsilon,s}(x)) \nabla u_{\varepsilon,s}(x) \cdot (\kappa_{\varepsilon r} * \nabla u)(x) dx dr ds, \end{aligned} \quad (2.7)$$

with the modified convolution kernel $\kappa_{\varepsilon r}$ defined by

$$\kappa_{\varepsilon r}(z) := (\varepsilon r)^{-n} \kappa\left(\frac{z}{\varepsilon r}\right), \quad (2.8)$$

where κ is given by

$$\kappa(y) := (y \otimes y) \varphi(y). \quad (2.9)$$

As $\varepsilon \rightarrow 0$ we have that for all $0 \leq r, s \leq 1$,

$$\begin{aligned} u_{\varepsilon,s} &\rightarrow u && \text{almost everywhere,} \\ \nabla u_{\varepsilon,s} &\rightarrow \nabla u && \text{in } L^2(\mathbb{R}^n), \end{aligned} \quad (2.10)$$

$$\kappa_{\varepsilon r} * \nabla u \rightarrow \left(\int_{\mathbb{R}^n} \kappa(y) dy \right) \nabla u \quad \text{in } L^2(\mathbb{R}^n). \quad (2.11)$$

Moreover, the integrand on the right-hand side of (2.7) is dominated by the function

$$\frac{1}{2} \|f''\|_{L^\infty(\mathbb{R})} \left(|\nabla u_{\varepsilon,s}|^2 + |\kappa_{\varepsilon r} * \nabla u|^2 \right), \quad (2.12)$$

which converges strongly in $L^1(\mathbb{R}^n)$ as $\varepsilon \rightarrow 0$ by (2.10) and (2.11). We therefore deduce from (2.7) that

$$\begin{aligned} \lim_{\varepsilon \rightarrow 0} \frac{1}{\varepsilon^2} \int_{\mathbb{R}^n} [f(u(x)) - f(u_\varepsilon(x))] dx &= \\ &= \int_0^1 \int_0^s \int_{\mathbb{R}^n} f''(u(x)) \nabla u(x) \cdot \left(\int_{\mathbb{R}^n} \kappa(y) dy \right) \nabla u(x) dx dr ds \\ &= \frac{1}{2} \int_{\mathbb{R}^n} f''(u(x)) \nabla u(x) \cdot \left(\int_{\mathbb{R}^n} \kappa(y) dy \right) \nabla u(x) dx. \end{aligned} \quad (2.13)$$

In the rotationally symmetric case we observe that

$$\begin{aligned} \int_{\mathbb{R}^n} (y \otimes y) \varphi(y) dy &= \left(\int_0^\infty r^{n+1} \tilde{\varphi}(r) dr \right) \int_{S^{n-1}} \theta \otimes \theta d\theta \\ &= \omega_n \left(\int_0^\infty r^{n+1} \tilde{\varphi}(r) dr \right) Id. \end{aligned} \quad (2.14)$$

Here we used that for $i, j = 1, \dots, n$,

$$\int_{S^{n-1}} \theta_i \theta_j d\theta = \begin{cases} \omega_n & \text{if } i = j, \\ 0 & \text{if } i \neq j. \end{cases}$$

We therefore obtain from (2.7)-(2.14) that in the rotationally symmetric case

$$\lim_{\varepsilon \rightarrow 0} \frac{1}{\varepsilon^2} \int_{\mathbb{R}^n} [f(u) - f(u_\varepsilon)] dx = \omega_n \left(\int_0^\infty r^{n+1} \tilde{\varphi}(r) dr \right) \frac{1}{2} \int_{\mathbb{R}^n} f''(u) |\nabla u|^2 dx. \quad (2.15)$$

3. PROOF OF THEOREM 1.2

Let

$$\Lambda := \liminf_{\varepsilon \rightarrow 0} \frac{1}{\varepsilon^2} \int_{\mathbb{R}^n} [f(u(x)) - f(u_\varepsilon(x))] dx. \quad (3.1)$$

We first remark that by assumption (1.18) the function $r \mapsto f(r) - \frac{c_1}{2} r^2$ is convex and we deduce again by (1.1) that

$$\int_{\mathbb{R}^n} \left[\left(f(u) - \frac{c_1}{2} u^2 \right) - \left(f(u_\varepsilon) - \frac{c_1}{2} u_\varepsilon^2 \right) \right] \geq 0. \quad (3.2)$$

This implies that

$$\liminf_{\varepsilon \rightarrow 0} \frac{1}{\varepsilon^2} \int_{\mathbb{R}^n} (u^2 - u_\varepsilon^2) \leq \frac{2}{c_1} \liminf_{\varepsilon \rightarrow 0} \frac{1}{\varepsilon^2} \int_{\mathbb{R}^n} [f(u) - f(u_\varepsilon)] = \frac{2}{c_1} \Lambda. \quad (3.3)$$

Next we consider $\delta > 0$ and the regularizations $u_\delta = u * \varphi_\delta$. Set $\gamma_\varepsilon := \varphi_\varepsilon * \varphi_\varepsilon$. Then we obtain that

$$\begin{aligned}
& \int_{\mathbb{R}^n} [u_\delta^2(x) - (u_\delta * \varphi_\varepsilon)^2(x)] dx = \\
&= \int_{\mathbb{R}^n} u_\delta^2 - \int_{\mathbb{R}^n} \int_{\mathbb{R}^n} u_\delta(x) u_\delta(y) \gamma_\varepsilon(x-y) dy dx \\
&= \frac{1}{2} \int_{\mathbb{R}^n} \int_{\mathbb{R}^n} (u_\delta(x) - u_\delta(y))^2 \gamma_\varepsilon(x-y) dy dx \\
&\stackrel{(1.1)}{\leq} \frac{1}{2} \int_{\mathbb{R}^n} \int_{\mathbb{R}^n} \int_{\mathbb{R}^n} (u(x-z) - u(y-z))^2 \varphi_\delta(z) dz \gamma_\varepsilon(x-y) dy dx \\
&= \frac{1}{2} \int_{\mathbb{R}^n} \int_{\mathbb{R}^n} \int_{\mathbb{R}^n} (u(\xi) - u(\eta))^2 \gamma_\varepsilon(\xi - \eta) d\eta d\xi \varphi_\delta(z) dz \\
&= \frac{1}{2} \int_{\mathbb{R}^n} \int_{\mathbb{R}^n} (u(\xi) - u(\eta))^2 \gamma_\varepsilon(\xi - \eta) d\eta d\xi \\
&= \int_{\mathbb{R}^n} [u^2(\xi) - u_\varepsilon^2(\xi)] d\xi. \tag{3.4}
\end{aligned}$$

We therefore deduce from Theorem 1.1 and (3.3), (3.4) that

$$\begin{aligned}
\int_{\mathbb{R}^n} |\nabla u_\delta|^2 &= C(\varphi) \liminf_{\varepsilon \rightarrow 0} \frac{1}{\varepsilon^2} \int_{\mathbb{R}^n} [u_\delta^2(x) - (u_\delta * \varphi_\varepsilon)^2(x)] dx \\
&\leq C(\varphi) \liminf_{\varepsilon \rightarrow 0} \frac{1}{\varepsilon^2} \int_{\mathbb{R}^n} [u^2(x) - u_\varepsilon^2(x)] dx \leq \frac{2}{c_1} \Lambda C(\varphi). \tag{3.5}
\end{aligned}$$

Since this estimate is uniform in $\delta > 0$ it follows that $u \in W^{1,2}(\mathbb{R}^n)$. By Theorem 1.1 we therefore deduce (1.14) and (1.16).

4. APPLICATION: REGULARITY OF MINIMIZERS IN A LIPID BILAYER MODEL

We illustrate the utility of Theorems 1.1 and 1.2 with an example. The problem is to determine the regularity of solutions of the following minimization problem.

Problem 4.1. *Let $\alpha > 0, h > 0$ and a kernel $\kappa \in W^{1,1}(\mathbb{R}, \mathbb{R}_0^+)$ be given such that $\kappa' \in BV(\mathbb{R})$. Denote by τ_h the translation operator,*

$$(\tau_h u)(x) := u(x-h) \quad \text{for } u : \mathbb{R} \rightarrow \mathbb{R}.$$

Consider the set $K \subset \mathbb{R}$,

$$K := \left\{ u \in L^1(\mathbb{R}) \mid \int_{\mathbb{R}} u = 1, u \geq 0, u + \tau_h u \leq 1 \text{ a.e.} \right\} \tag{4.1}$$

and a strictly convex, increasing, and smooth function f with $f(0) = f'(0) = 0$. We then define a functional $F : K \rightarrow \mathbb{R}$ by

$$F(u) := \int_{\mathbb{R}} f(u) - \int_{\mathbb{R}} \alpha u \kappa * u \tag{4.2}$$

and consider the problem of finding a function $u \in K$ that minimizes F in K , i.e.

$$F(u) = \min\{F(v) \mid v \in K\}. \tag{4.3}$$

Remark 4.2. This problem arises in the modelling of lipid bilayers, biological membranes (see [1] for more details). There, a specific type of molecules is considered, consisting of two *beads* connected by a rigid rod. The beads have a certain volume, but the rod occupies no space.

The beads are assumed to be of sub-continuum size, but the rod length is non-negligible at the continuum scale. In the one-dimensional case we also assume that the rods lie parallel to the single spatial axis. Combining these assumptions we model the distribution of such molecules over the real line by a variable u that represents the volume fraction occupied by *leftmost* beads. The volume fraction of rightmost beads is then given by $\tau_h u$, and in the condition $u + \tau_h u \leq 1$ we now recognize a volume constraint.

The functional F represents a free energy. In the entropy term $\int f(u)$ the function f is strictly convex, increasing, and smooth and can be assumed to satisfy $f(0) = f'(0) = 0$. The destabilizing term $-\int u\kappa*u$ is a highly stylized representation of the hydrophobic effect, which favours clustering of beads.

Without the constraints $u \geq 0$ and $u + \tau_h u \leq 1$ present in (4.1), we would immediately be able to infer that minimizers (even stationary points) are smooth using a simple bootstrap argument: since $u \in K$ we have $u \in L^p(\mathbb{R})$ and $\kappa*u \in W^{1,p}$ for all $1 \leq p \leq \infty$, and therefore, using the Euler-Lagrange equation,

$$f'(u) - 2\alpha\kappa*u = \lambda,$$

for some $\lambda \in \mathbb{R}$, we find $u \in W^{1,p}(\mathbb{R})$. Iterating this procedure we obtain that $u \in W^{k,p}(\mathbb{R})$ for all $k \in \mathbb{N}$, $1 \leq p \leq \infty$. However, when including the two constraints, two additional Lagrange multipliers μ and ν appear in the Euler-Lagrange equation,

$$f'(u) - 2\alpha\kappa*u = \lambda + \mu - \nu - \tau_{-h}\nu.$$

Here μ and ν are measures on \mathbb{R} , and standard theory provides no further regularity than this. In this case the lack of regularity in the right-hand side interferes with the bootstrap process, and this equation therefore does not give rise to any additional regularity.

The interest of Theorem 1.2 for this case lies in the fact that K is closed under convolution. In particular, if u is a minimizer of F in K , then $u_\varepsilon = \varphi_\varepsilon*u$ is also admissible, and we can compare $F(u_\varepsilon)$ with $F(u)$. From this comparison and an application of Theorem 1.2 we deduce the regularity of u :

Corollary 4.3. *Let u be a minimizer of (4.3). Then $u \in W^{1,2}(\mathbb{R})$.*

Proof. Choose a function $\varphi \in L^1(\mathbb{R})$ as in Section 1.1 with Dirac sequence $(\varphi_\varepsilon)_{\varepsilon>0}$, and set $u_\varepsilon := \varphi_\varepsilon*u$. First we show that there exists a constant $C \in \mathbb{R}$ such that for all $u \in L^2(\mathbb{R})$

$$\left| \int_{\mathbb{R}} (u\kappa*u - u_\varepsilon\kappa*u_\varepsilon) \right| \leq C\varepsilon^2 \int_{\mathbb{R}} u^2. \quad (4.4)$$

With this aim we observe that

$$\int_{\mathbb{R}} (u\kappa*u - u_\varepsilon\kappa*u_\varepsilon) = \int_{\mathbb{R}} u(\kappa*u - \kappa*u*\gamma_\varepsilon) \quad (4.5)$$

with

$$\gamma := \varphi*\varphi, \quad \gamma_\varepsilon(x) := (\varphi_\varepsilon*\varphi_\varepsilon)(x) = \frac{1}{\varepsilon}\gamma\left(\frac{x}{\varepsilon}\right),$$

and that $\gamma, \gamma_\varepsilon$ satisfy the assumptions in Section 1.1.

Since $\kappa' \in BV(\mathbb{R})$ we have $(\kappa * u)'' = \kappa'' * u \in L^2(\mathbb{R})$ and

$$\|\kappa'' * u\|_{L^2(\mathbb{R})} \leq \left(\int_{\mathbb{R}} |\kappa''| \right) \|u\|_{L^2(\mathbb{R})}.$$

Repeating some arguments of Theorem 1.1 we calculate that

$$\begin{aligned} (\kappa * u)(x) - (\kappa * u * \gamma_\varepsilon)(x) &= - \int_0^1 \frac{d}{ds} \int_{\mathbb{R}} (\kappa * u)(x - sy) \gamma_\varepsilon(y) dy ds \\ &= \int_0^1 \int_{\mathbb{R}} (\kappa * u)'(x - sy) y \gamma_\varepsilon(y) dy ds \\ &= \int_0^1 \int_0^1 \int_{\mathbb{R}} (\kappa * u)''(x - rsy) sy^2 \gamma_\varepsilon(y) dy ds dr \\ &= \varepsilon^2 \int_0^1 \int_0^1 \int_{\mathbb{R}} (\kappa * u)''(x - \varepsilon rsz) sz^2 \gamma(z) dz dr ds, \end{aligned}$$

and therefore that

$$\begin{aligned} &\left| \int_{\mathbb{R}} u(\kappa * u - \kappa * u * \gamma_\varepsilon) \right| \leq \\ &\leq \varepsilon^2 \int_0^1 \int_0^1 \int_{\mathbb{R}} \left[\int_{\mathbb{R}} (\kappa * u)''(x - \varepsilon rsz)^2 dx \right]^{\frac{1}{2}} \left[\int_{\mathbb{R}} u(x)^2 dx \right]^{\frac{1}{2}} sz^2 \gamma(z) dz dr ds \\ &\leq \varepsilon^2 C(\gamma) \|\kappa'' * u\|_{L^2(\mathbb{R})} \|u\|_{L^2(\mathbb{R})} \\ &\leq \varepsilon^2 C(\varphi, \kappa) \|u\|_{L^2(\mathbb{R})}^2, \end{aligned}$$

which by (4.5) implies (4.4).

Since K is closed under convolution with φ_ε , u_ε is admissible, and therefore

$$0 \leq F(u_\varepsilon) - F(u) \leq \int_{\mathbb{R}} [f(u_\varepsilon) - f(u)] + C\varepsilon^2 \int_{\mathbb{R}} u^2.$$

The last term is bounded by

$$C\varepsilon^2 \|u\|_{L^1(\mathbb{R})} \|u\|_{L^\infty(\mathbb{R})} \leq C\varepsilon^2,$$

which follows from combining both inequality constraints in (4.1). Therefore $\int [f(u) - f(u_\varepsilon)] = O(\varepsilon^2)$, and from Theorem 1.2 we conclude that $u \in W^{1,2}(\mathbb{R})$. \square

As is described in more detail in the thesis [3], Corollary 4.3 paves the way towards rigorously deriving the Euler-Lagrange equations for Problem (4.3), and forms an important ingredient of the proof of existence of minimizers.

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