## Health Care Management and Modelling

Ivo Adan



TU/e
Tools

## TU/e

## Tools

- Main site for simulation language $\chi 3.0$ is http://chi.se.wtb.tue.nl including:
- Tool manual (installation, use of software)
- Tutorial
- Reference manual (details of $\chi 3.0$ )


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- Tool manual (installation, use of software)
- Tutorial
- Reference manual (details of $\chi 3.0$ )
- Software package R software is recommended for statistical computing (distribution plots, histograms, ...)

Objectives


## TU/e

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- Able to model, simulate and analyze health care systems


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- Able to model, simulate and analyze health care systems
- Able to construct and analyze elementary queueing models
- Getting hands-on experience with simulation language $\chi 3.0$
- Develop intuition and understanding of critical logistical parameters
- Develop understanding of the power and limitations of stochastic models for health care systems


## TU/e

Modeling: basic steps

## TU/e

## Modeling: basic steps

- Identify the issues to be addressed


## TU/e $\mathrm{e}^{\text {fatman}}$

## Modeling: basic steps

- Identify the issues to be addressed
- Learn about the system


## TU/e $\mathrm{e}^{2}$

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# TU/e 

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- Learn about the system
- Choose a modeling approach
- Develop and test the model
- Verify and validate the model

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## Modeling: basic steps

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- Experiment with the model (what can you learn?)

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## Modeling: basic steps

- Identify the issues to be addressed
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- Develop and test the model
- Verify and validate the model
- Experiment with the model (what can you learn?)
- Present the results!

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Modeling: Types of models

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## Modeling: Types of models

- (Small scale) Physical models (Water emulator Liquitrol)

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## Modeling: Types of models

- (Small scale) Physical models (Water emulator Liquitrol)

- Simulation models ( $\chi 3.0$ code)

```
model result GRSE():
        chan patient a, b,
    run G(a, exponential(6.0))
        R(a, b)
        S(b, c, gamma(4.0,1.0)),
        E(c, 6000.0)
```

end

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## Modeling: Types of models

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```

end

- Analytical models (Queueing formulas)

$$
E(W)=\frac{1}{2}\left(1+c_{b}^{2}\right) \frac{\rho}{1-\rho} E(B)
$$



Modeling: Why?

## TU/e

Modeling: Why?

- Understanding


## TU/e

Modeling: Why?

- Understanding
- Intuition building


## TU/e

Modeling: Why?

- Understanding
- Intuition building
- Improvement


# TU/e 

Modeling: Why?

- Understanding
- Intuition building
- Improvement
- Optimization

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## Modeling: Why?

- Understanding
- Intuition building
- Improvement
- Optimization
- Support decision making


## TU/e

Modeling: Issues

## TU/e

## Modeling: Issues

- Trade-off between complexity and simplicity


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## TU/e

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## Modeling: Issues

- Trade-off between complexity and simplicity
- Flexibility
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- Effective modeling requires intuition, analytical and simulation capability
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## Modeling: Issues

- Trade-off between complexity and simplicity
- Flexibility
- Data requirements
- Transparency
- Effective modeling requires intuition, analytical and simulation capability
- Art of modeling is in the selection of the right model for a given situation


## TU/e

Modeling: Critical logistical parameters

# TU/e 

## Modeling: Critical logistical parameters

- Throughput: Number of patients treated per time unit


# TU/e 

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## Modeling: Critical logistical parameters

- Throughput: Number of patients treated per time unit
- Flow time or cycle time: Time it takes a patient to go through the system
- Cycle time factor: Cycle time divided by service time
- Utilization: Fraction of time resource (bed, room, nurse, ...) is being used

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## Emergency Department



Emergency department (ED) of Catherina Hospital Eindhoven

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## Emergency Department



Layout of ED

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## Emergency Department



## Patient flow through ED


Goal

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## Goal

- Develop model to support decision making in LEAN process improvement programs

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## Goal

- Develop model to support decision making in LEAN process improvement programs
- Address questions such as:
- What capacity is required to meet target maximal waiting times?
- How much does waiting time decrease by increasing nursing staff?
- What is the effect of an increase in inflow due to the aging population?


## TU/e

Queueing model: Basic elements

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- Patient arrivals


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- Treatment times


# TU/e 

Queueing model: Basic elements

- Patient arrivals
- Treatment times
- Resource capacities
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## Arrivals and diversity

Distribution ED patients on speciality


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## Arrivals and diversity

Triage color


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## Arrivals and diversity

Patient arrivals


## TU/e

Arrival flow variability

## 

## Arrival flow variability

- Flow refers to arrival of patients


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- $t_{a}$ and $\sigma_{a}$ are mean and standard deviation of time between arrivals

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## Arrival flow variability

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- Arrival rate

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r_{a}=\frac{1}{t_{a}}
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## Arrival flow variability

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$$
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- Coefficient of variation of time between arrivals


High $c_{a}$ arrivals

## TU/e

## Poisson arrival flow

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## Poisson arrival flow

- Times between arrivals are independent and Exponential with rate $\lambda$


## TU/e

## Poisson arrival flow

- Times between arrivals are independent and Exponential with rate $\lambda$
- So

$$
t_{a}=\frac{1}{\lambda}, \quad r_{a}=\lambda, \quad c_{a}=1
$$

# TU/e 

Properties of Poisson arrival flow: Memoryless

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Properties of Poisson arrival flow: Memoryless

- Memoryless property

$$
\mathrm{P}(\operatorname{arrival} \operatorname{in}(t, t+\Delta))=1-e^{-\lambda \Delta} \approx \lambda \Delta
$$

So in each small interval $\Delta$ there is an arrival with probability $\lambda \Delta$ !

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Properties of Poisson arrival flow: Memoryless

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\mathrm{P}(\text { arrival in }(t, t+\Delta))=1-e^{-\lambda \Delta} \approx \lambda \Delta
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So in each small interval $\Delta$ there is an arrival with probability $\lambda \Delta$ !

- This means: "truly unpredictable arrivals"


## TU/e

Properties of Poisson arrival flow: Binomial and Poisson
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## Properties of Poisson arrival flow: Binomial and Poisson

- Dividing $(0, t)$ into intervals of length $\Delta$, the number of arrivals in $(0, t)$ is Binomial with $n=\frac{t}{\Delta}$ and $p=\lambda \Delta$

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## Properties of Poisson arrival flow: Binomial and Poisson

- Dividing $(0, t)$ into intervals of length $\Delta$, the number of arrivals in $(0, t)$ is Binomial with $n=\frac{t}{\Delta}$ and $p=\lambda \Delta$
- Since $n$ is large and $p$ is small, this number is Poisson distributed with parameter $n p=\lambda t$

$$
P(k \text { arrivals in }(0, t))=e^{-\lambda t} \frac{(\lambda t)^{k}}{k!}, \quad k=0,1,2, \ldots
$$

This explains the name "Poisson process"

## TU/e

Properties of Poisson arrival flow: Clustered arrivals

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Properties of Poisson arrival flow: Clustered arrivals

- Since Exponential density

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f(x)=\lambda e^{-\lambda x}
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is maximal for $x=0$, short inter-arrival times occur more frequently than long ones


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Properties of Poisson arrival flow: Clustered arrivals

- Since Exponential density

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is maximal for $x=0$, short inter-arrival times occur more frequently than long ones


- So arrivals tend to cluster:



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Properties of Poisson arrival flow: Many rare arrival flows

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Properties of Poisson arrival flow: Many rare arrival flows

- Superposition of many independent rarely occurring arrival flows is (close to) Poisson

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Properties of Poisson arrival flow: Many rare arrival flows

- Superposition of many independent rarely occurring arrival flows is (close to) Poisson
- This explains why Poisson flows so often occur in practice!


# TU/e 

Properties of Poisson arrival flow: Merging and splitting

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## Properties of Poisson arrival flow: Merging and splitting

- Merging of two Poisson flows with rates $\lambda_{1}$ and $\lambda_{2}$ is again Poisson with rate $\lambda_{1}+\lambda_{2}$, since

$$
\mathrm{P}(\text { arrival in }(t, t+\Delta)) \approx \lambda_{1} \Delta+\lambda_{2} \Delta=\left(\lambda_{1}+\lambda_{2}\right) \Delta
$$

Given there is an arrival in $(t, t+\Delta)$, it is of type 1 with probability

$$
\begin{aligned}
\mathrm{P}(\text { type } 1 \text { arrival in }(t, t+\Delta) \mid \text { arrival in }(t, t+\Delta)) & =\frac{\mathrm{P}(\text { type } 1 \text { arrival in }(t, t+\Delta))}{\mathrm{P}(\operatorname{arrival} \operatorname{in}(t, t+\Delta))} \\
& =\frac{\lambda_{1} \Delta}{\left(\lambda_{1}+\lambda_{2}\right) \Delta} \\
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& =\frac{\lambda_{1} \Delta}{\left(\lambda_{1}+\lambda_{2}\right) \Delta} \\
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- Random splitting of Poisson flows with rate $\lambda$ and splitting probability $p$ is again Poisson with rate $p \lambda$, since

$$
\mathrm{P}(\text { arrival in }(t, t+\Delta)) \approx p \lambda \Delta
$$

## TU/e

Inhomogeneous Poisson arrival flow

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- Arrival rate is not constant but time-dependent $\lambda(t)$


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# TU/e 

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- Question: How to simulate a realization of an inhomogeneous Poisson arrival flow?


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- Question: How to simulate a realization of an inhomogeneous Poisson arrival flow?
- Answer: Suppose there is a maximum rate $\Lambda=\max _{t \geq 0} \lambda(t)$


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Inhomogeneous Poisson arrival flow

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- Question: How to simulate a realization of an inhomogeneous Poisson arrival flow?
- Answer: Suppose there is a maximum rate $\Lambda=\max _{t \geq 0} \lambda(t)$
- Simulate Poisson flow with constant rate $\Lambda$
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## Inhomogeneous Poisson arrival flow

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- Question: How to simulate a realization of an inhomogeneous Poisson arrival flow?
- Answer: Suppose there is a maximum rate $\Lambda=\max _{t \geq 0} \lambda(t)$
- Simulate Poisson flow with constant rate $\Lambda$
- When arrival at time $t$, then:
- accept arrival with probability $\frac{\lambda(t)}{\Lambda}$
- reject arrival otherwise

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Treatment times

## TU/e

## Treatment times

- Limited data available on activities in treatment rooms


## TU/e

## Treatment times

- Limited data available on activities in treatment rooms
- Entrance and exit times in treatment rooms are accurately recorded


## Treatment times

- Limited data available on activities in treatment rooms
- Entrance and exit times in treatment rooms are accurately recorded
- Employ the concept of Effective Process Times


Workstation


Aggregation


Aggregate model

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Treatment times

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## Treatment times

- Treatment times of patients depend on patient characteristics such as:
- Medical speciality
- Triage color
- Age
- Type of attending physician


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Treatment times

## TU/e

## Treatment times

- Patient charateristics lead to almost 7000 treatment time groups!


## TU/e

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- Only 34000 measurements: this calls for lumping


## Treatment times

- Patient charateristics lead to almost 7000 treatment time groups!
- Only 34000 measurements: this calls for lumping
- Recursive partitioning leads to 34 groups of treatment times on which a distribution can be reliably fitted


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Resource capacity and use

## TU/e

## Resource capacity and use

- Simultaneous resource use: Patient needs room, nurse and physician


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## Resource capacity and use

- Simultaneous resource use: Patient needs room, nurse and physician
- Multi-processing feature: Nurses and physicians are capable of handling multiple patients simultaneously

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## Resource capacity and use

- Simultaneous resource use: Patient needs room, nurse and physician
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- These features are modeled by a token system:
- Every nurse is represented by 4 tokens (treat max 4 patients)
- Every patient needs 1 nurse token
- Same token mechanism used for triage nurse and physicians

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## Resource capacity and use

- Simultaneous resource use: Patient needs room, nurse and physician
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- These features are modeled by a token system:
- Every nurse is represented by 4 tokens (treat max 4 patients)
- Every patient needs 1 nurse token
- Same token mechanism used for triage nurse and physicians
- Staffing levels adapted to workload during the day:

Working rosters for each weekday specifying the available capacity at each point in time during the day

## Simulation model



High level $\chi 3.0$ model of ED: Green is patient flow, Purple information flow

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## Software package



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Emergency Department


Snapshot of simulation output of $\chi 3.0$ model

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## Validation

Patients in process


Patients in process


Historical (left) and simulated (right) average occupation on Monday

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## Validation

## Cycle time factor



Cycle time factor for historical and simulated patients on Monday

## TU/e

Decision support
Improvement opportunities:

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Decision support
Improvement opportunities:

- Reduce waiting times or number of patients waiting

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## Decision support

Improvement opportunities:

- Reduce waiting times or number of patients waiting
- Increase utilization of resources (rooms, nurses, ...)

Options:

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## Decision support

Improvement opportunities:

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## Decision support

Improvement opportunities:

- Reduce waiting times or number of patients waiting
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Options:

- More treatment rooms
- No priority for ambulance patients

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## Decision support

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Options:

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- No priority for ambulance patients
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- More physician capacity

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## Decision support

Improvement opportunities:

- Reduce waiting times or number of patients waiting
- Increase utilization of resources (rooms, nurses, ...)

Options:

- More treatment rooms
- No priority for ambulance patients
- More nursing capacity
- More physician capacity
- Treatment time reduction (by shortening time to hospitalization)

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## Treatment time reduction (10 mins)



Simulation output on Monday for unadapted treatment time


Simulation output for 10 minutes treatment time reduction

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## Scenario analysis

## TU/e

## Scenario analysis

- What effect has an increase of ED visits by elderly patients?


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## Scenario analysis

- What effect has an increase of ED visits by elderly patients?
- What extra capacity is needed if neighboring ED closes?
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## Scenario analysis

- What effect has an increase of ED visits by elderly patients?
- What extra capacity is needed if neighboring ED closes?
- What if average urgency of patients increases (due to less self-referrals)?

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## Scenario analysis

- What effect has an increase of ED visits by elderly patients?
- What extra capacity is needed if neighboring ED closes?
- What if average urgency of patients increases (due to less self-referrals)?
- What is more accurate triage results in less second consults?


## Scenario: growth arrival rate (15\%)



Waiting time (green)


Patients in process


Simulation output on Monday for unadapted arrival rate


Simulation output for $15 \%$ growth of patient arrivals

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References

## TU/e

## References

- Aggregate model based performance analysis of an emergency department


## TU/e

## References

- Aggregate model based performance analysis of an emergency department
- Aggregate modeling of semiconductor equipment using effective process times


# TU/e 

## References

- Aggregate model based performance analysis of an emergency department
- Aggregate modeling of semiconductor equipment using effective process times
- Aggregate simulation modeling of an mri department using effective process times

