# EXAMINATION TENSOR CALCULUS AND DIFFERENTIAL GEOMETRY

Course code: 2WAH0-2WAH1. Date: Tuesday June 21, 2016. Time: 18h00–21h00. Place: AUD 11.

Read this first!

- Write your name and student identification number on each paper.

- The exam consists of 3 problems. The maximum credit for each item is indicated in the margin.

- Motivate your answers.

- Einstein summation convention applies throughout for all repeated indices.

- You may consult an immaculate hardcopy of the online draft notes "Tensor Calculus and Differential Geometry (2WAH0)" by Luc Florack. No equipment may be used.
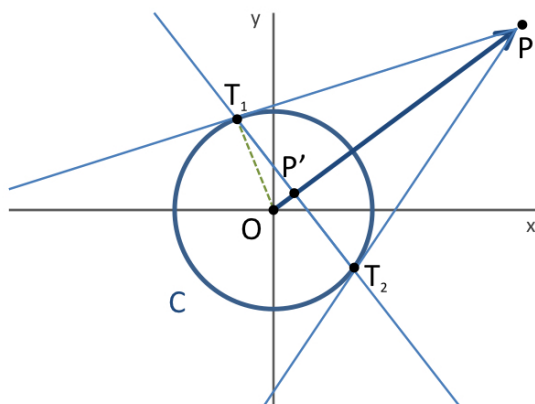
INDICATRIX $C : x^2 + y^2 = 1$. THE POINT P' IS THE INVERSION OF THE POINT P IN THE CIRCLE C.

(30) **1.** INDICATRIX

The so-called indicatrix $C : x^2 + y^2 = 1$ is a geometrical construction of the Euclidean metric (standard inner product) in the Cartesian coordinate plane. Assume point $P = (p, q)$ is given, somewhere outside C. There are two lines through P tangent to C, touching at the points T_1, respectively T_2. The so-called polar line T_1T_2 intersects the line OP at point $P' = (m, n)$, say.

(5) **a1.** Show that $OP : 1 = 1 : OP'$.
[HINT: COMPARE THE TRIANGLES $P'TO$ AND TOP, WITH T EITHER T_1 OR T_2.]

The triangles $P'TO$ and TOP (with T either T_1 or T_2) are similar, thus ratios of corresponding sides are equal. In particular we have $OP : OT = OT : OP'$, with $OT = 1$, the unit radius of C.

(5) **a2.** Show that the coordinates of P′ are given by $(m, n) = \left(\dfrac{p}{p^2 + q^2}, \dfrac{q}{p^2 + q^2}\right)$.

The point P′ lies, by definition, on OP, so that $\overrightarrow{OP'} \propto \overrightarrow{OP} = (p, q)$, say $\overrightarrow{OP'} = \alpha \overrightarrow{OP}$. The proportionality constant $\alpha > 0$ follows from a1, viz. $\alpha = OP'/OP = 1/OP^2 = 1/(p^2 + q^2)$.

(5) **b.** Argue why $\overrightarrow{OP} \perp T_1 T_2$, and show that the line $T_1 T_2$ is given by $px + qy = 1$.

A symmetry argument: The triangles P′T₁P and P′T₂P are eachother's mirror images in the line OP, thus in particular it follows that $\angle T_1 P'P = \angle T_2 P'P = 180°/2 = 90°$, i.e. $\overrightarrow{OP} \perp T_1 T_2$. As a result, the line $T_1 T_2$ is given by $px + qy = $ constant. Substituting the coordinates of P′ ∈ T₁T₂ from a2 yields constant = 1.

In summary, if $(m^1, m^2) = (m, n)$ and $(p^1, p^2) = (p, q)$ are the coordinates of $\overrightarrow{OP'}$, respectively $\overrightarrow{OP}$, $(x^1, x^2) = (x, y)$ any point on the indicatrix C : $x^2 + y^2 = 1$, and η_{ij}, $i, j = 1, 2$, the matrix elements of the 2×2-identity matrix I, then, with $\cdot$ denoting the standard inner product on $\mathbb{R}^2$, we have

$(\star)$
$$\begin{cases} \overrightarrow{OP'} \cdot \overrightarrow{OP} : & mp + nq & = & 1, \\ T_1 T_2 : & px + qy & = & 1, \\ C : & x^2 + y^2 & = & 1. \end{cases} \iff \begin{cases} \overrightarrow{OP'} \cdot \overrightarrow{OP} : & \eta_{ij} m^i p^j = m_j p^j & = & 1, \\ T_1 T_2 : & \eta_{ij} p^i x^j = p_j x^j & = & 1, \\ C : & \eta_{ij} x^i x^j = x_j x^j & = & 1. \end{cases}$$

The indicatrix C is a pictorial representation of the covariant Euclidean metric tensor $H = \eta_{ij} dx^i \otimes dx^j$. The polar line $T_1 T_2$ provides a pictorial representation of the covector $\hat{p} = p_i dx^i$ associated with the vector $\vec{p} = p^i \partial_i$ in the sense that it is just the differential of the left hand side of its defining equation. Note that the components p_i of the normal of the polar line happen to coincide numerically with the vector components p^i of $\vec{p} = \overrightarrow{OP}$. This is an artefact of our choice of coordinates, or, alternatively, of the isotropic nature of C expressed in these coordinates, with $\eta_{ij} = 1$ if $i = j$ and zero otherwise.

Consider a linear change of coordinates, $x^i = L^i_j \bar{x}^j$, say, in which L^i_j, $i, j = 1, 2$, are the matrix entries of the transformation matrix

$$L = \begin{pmatrix} L^1_1 & L^1_2 \\ L^2_1 & L^2_2 \end{pmatrix} = \begin{pmatrix} a & c \\ b & d \end{pmatrix}.$$

(10) **c.** Rewrite the system $(\star)$ for $\overrightarrow{OP'} \cdot \overrightarrow{OP}$, $T_1 T_2$ and C, in terms of the new coordinates $(\bar{x}^1, \bar{x}^2) = (\bar{x}, \bar{y})$, the parameters m, n, p, q, and the components a, b, c, d of the transformation matrix L.

Since all defining equations are represented in scalar form in $(\star)$ we have, after transformation:

$(\star)$
$$\begin{cases} \overrightarrow{OP'} \cdot \overrightarrow{OP} : & \bar{\eta}_{ij} \bar{m}^i \bar{p}^j = \bar{m}_j \bar{p}^j & = & 1, \\ T_1 T_2 : & \bar{\eta}_{ij} \bar{p}^i \bar{x}^j = \bar{p}_j \bar{x}^j & = & 1, \\ C : & \bar{\eta}_{ij} \bar{x}^i \bar{x}^j = \bar{x}_j \bar{x}^j & = & 1, \end{cases}$$

with
$$\bar{\eta}_{k\ell} = L^i_k \eta_{ij} L^j_\ell \quad m^i = L^i_j \bar{m}^j \quad p^i = L^i_j \bar{p}^j \quad x^i = L^i_j \bar{x}^j \quad \bar{m}_i = L^j_i m_j \quad \bar{p}_i = L^j_i p_j \quad \bar{x}_i = L^j_i x_j.$$

Explicitly in terms of the given parameters:

$(\star)$
$$\begin{cases} \overrightarrow{OP'} \cdot \overrightarrow{OP} : & mp + nq & = & 1, \\ T_1 T_2 : & (ap + bq)\bar{x} + (cp + dq)\bar{y} & = & 1, \\ C : & (a^2 + b^2)\bar{x}^2 + 2(ac + bd)\bar{x}\bar{y} + (c^2 + d^2)\bar{y}^2 & = & 1. \end{cases}$$

(5) **d.** Suppose we would redraw the aforementioned geometric construct (point P, tangent cords PT₁ and

PT$_2$, polar line T$_1$T$_2$, spherical reflection P′, and indicatrix C, with all objects defined in terms of their $(\overline{x}, \overline{y})$-coordinatizations, in a *rectangular* $(\overline{x}, \overline{y})$-coordinate system in which basis (co)vectors are depicted as horizontal/vertical unit $\mathbb{R}^2$-coordinate (co)vectors:

$$\partial_{\overline{x}} \sim \begin{pmatrix} 1 \\ 0 \end{pmatrix} \quad \partial_{\overline{y}} \sim \begin{pmatrix} 0 \\ 1 \end{pmatrix} .$$

Would the polar line T$_1$T$_2$ still be perpendicular to the vector $\overrightarrow{OP}$? Motivate your answer by an explicit computation of the coordinates $\overline{p}^i$ and $\overline{p}_i$.

No. The inner product is now given by the Gram matrix

$$\overline{H} = L^{\mathsf{T}}L = \begin{pmatrix} a^2 + b^2 & ac + bd \\ ac + bd & c^2 + d^2 \end{pmatrix} .$$

Consequently, the vector $\overrightarrow{OP}$ has coordinates $\overline{p}^i = (L^{-1})^i_j p^j$, whereas $\sharp\overrightarrow{OP}$, the normal to T$_1T_2$, has coordinates $\overline{p}_i = L^j_i p_j$, i.e.

$$\overrightarrow{OP} = \frac{1}{ad - bc} \begin{pmatrix} pd - cq \\ -bp + aq \end{pmatrix} \quad \sharp\overrightarrow{OP} = \begin{pmatrix} ap + bq \\ cp + dq \end{pmatrix}$$

relative to bases $\{\partial_{\overline{x}}, \partial_{\overline{y}}\}$, respectively $\{d\overline{x}, d\overline{y}\}$. Drawn as vectors in the $\mathbb{R}^2$-plane with these basis (co)vectors represented as horizontal and vertical unit (co)vectors, these are, in general, not collinear. More precisely, we have

$$\cos \angle(\mathrm{T}_1\mathrm{T}_2, \overrightarrow{OP}) = \frac{\overrightarrow{OP} \cdot \sharp\overrightarrow{OP}}{\|OP\|\|\sharp\overrightarrow{OP}\|} \neq 0 \text{ generically.}$$

(25) **2. K**ILLING **V**ECTORS

The Lie derivative w.r.t. a given vector field **v** is a linear first order partial differential operator satisfying the product rule, such that

$$\mathscr{L}_{\mathbf{v}}f = \mathbf{v}f \quad \text{and} \quad \mathscr{L}_{\mathbf{v}}\hat{\omega} = d\left(\hat{\omega}(\mathbf{v})\right) ,$$

for a scalar field f, respectively a covector field $\hat{\omega}$.

(5) **a.** Show that $\mathscr{L}_{\mathbf{v}}dx^i = \partial_k v^i dx^k$.

We have $\mathscr{L}_{\mathbf{v}}dx^i = d(dx^i(v)) = dv^i = \partial_k v^i dx^k$.

Let $g = g_{ij}dx^i \otimes dx^j$ denote the covariant metric tensor field. By D_i we denote the covariant derivative operator w.r.t. x^i induced by the Levi-Civita connection.

(5) **b1.** Show that $\mathscr{L}_{\mathbf{v}}g = \left(v^k \partial_k g_{ij} + \partial_i v^k g_{kj} + \partial_j v^k g_{ik}\right) dx^i \otimes dx^j$.

By virtue of the product rule we have

$$\mathscr{L}_{\mathbf{v}}g = \mathscr{L}_{\mathbf{v}}(g_{ij}dx^i \otimes dx^j) = \mathscr{L}_{\mathbf{v}}g_{ij}dx^i \otimes dx^j + g_{ij}\mathscr{L}_{\mathbf{v}}dx^i \otimes dx^j + g_{ij}dx^i \otimes \mathscr{L}_{\mathbf{v}}dx^j .$$

According to the definitions (and using a above) we have $\mathscr{L}_{\mathbf{v}}g_{ij} = v^k \partial_k g_{ij}$, $\mathscr{L}_{\mathbf{v}}dx^i = \partial_k v^i dx^k$, and $\mathscr{L}_{\mathbf{v}}dx^j = \partial_k v^j dx^k$. With some trivial dummy index relabelling this yields

$$\mathscr{L}_{\mathbf{v}}g = \left(v^k \partial_k g_{ij} + \partial_i v^k g_{kj} + \partial_j v^k g_{ik}\right) dx^i \otimes dx^j .$$

(5)   **b2.** Show that, equivalently, $\mathscr{L}_{\mathbf{v}}g = (D_i v_j + D_j v_i)\, dx^i \otimes dx^j$.

Substitute $g_{ik}\partial_j v^k = \partial_j(g_{ik}v^k) - \partial_j g_{ik} v^k = \partial_j v_i - \partial_j g_{ik} v^k$ and $g_{kj}\partial_i v^k = \partial_i(g_{kj}v^k) - \partial_i g_{kj} v^k = \partial_i v_j - \partial_i g_{kj} v^k$ and $v^k = g^{k\ell}v_\ell$ into the result of b1:

$$v^k \partial_k g_{ij} + \partial_i v^k g_{kj} + \partial_j v^k g_{ik} = \partial_j v_i + \partial_i v_j + g^{k\ell}(\partial_k g_{ij} - \partial_j g_{ik} - \partial_i g_{kj})v_\ell\,,$$

and one recognizes on the r.h.s.

$$\partial_j v_i - \tfrac{1}{2}g^{k\ell}(-\partial_k g_{ij}+\partial_j g_{ik}+\partial_i g_{kj})v_\ell = \partial_j v_i - \Gamma^\ell_{ij}v_\ell = D_j v_i \quad \text{and} \quad \partial_i v_j - \tfrac{1}{2}g^{k\ell}(-\partial_k g_{ij}+\partial_j g_{ik}+\partial_i g_{kj})v_\ell = \partial_i v_j - \Gamma^\ell_{ji}v_\ell = D_i v_j\,.$$

A vector field **v** is called a Killing vector field if $\mathscr{L}_{\mathbf{v}}g = 0$. We henceforth consider the Euclidean metric of flat 3-dimensional space in Cartesian coordinates $(x^1, x^2, x^3) = (x, y, z)$, and a Killing vector field with component functions $(v^1, v^2, v^3) = (u, v, w)$.

(10)   **c.** Show that the Killing vector field must satisfy $u_x = v_y = w_z = 0$ and $v_x + u_y = w_x + u_z = w_y + v_z = 0$.

In formal matrix notation we have, most easily using b2 and the observation that $D_i = \partial_i$ since $\Gamma^\ell_{ij} = 0$,

$$\mathscr{L}_{\mathbf{v}}g = \mathrm{tr}\left[\begin{pmatrix} 2u_x & v_x + u_y & w_x + u_z \\ v_x + u_y & 2v_y & w_y + v_z \\ w_x + u_z & w_y + v_z & 2w_z \end{pmatrix} \begin{pmatrix} dx \otimes dx & dx \otimes dy & dx \otimes dz \\ dy \otimes dx & dy \otimes dy & dy \otimes dz \\ dz \otimes dx & dz \otimes dy & dz \otimes dz \end{pmatrix} \right],$$

which vanishes identically iff the first matrix factor in this expression vanishes identically.

(45)   **3.** LINEARIZED GRAVITY

In the presence of weak gravitational fields it is convenient to linearize the Einstein field equation for the gravitational potential, i.e. the pseudo-Riemannian spacetime metric tensor of General Relativity (GR):

$$g_{\mu\nu}(x) = \eta_{\mu\nu} + h_{\mu\nu}(x)\,.$$

Here, $\eta_{\mu\nu}$ is the holor of the Minkowski metric of Special Relativity (SR), in an "inertial" coordinate system given by the universally constant matrix $\eta_{\mu\nu} \hat{=} \mathrm{diag}\{-1, 1, 1, 1\}$, with $\mu, \nu = 0, 1, 2, 3$. Index value 0 refers to the temporal basis vector ∂_t, index values $1, 2, 3$ to the three independent spatial basis vectors $\partial_x, \partial_y, \partial_z$.

In linearized gravity one thinks of the perturbation $h_{\mu\nu}$ as a spatiotemporal tensor field propagating on the constant Minkowski background spacetime. Its entries are spatiotemporal functions with values that are small relative to those of the background field: $|h_{\mu\nu}| \ll 1$. This allows one to approximate exact GR laws in terms of expansions to order $\mathcal{O}(h)$, neglecting higher order terms. This $\mathcal{O}(h)$ approximation is assumed throughout this problem without explicit indication of discarded higher order terms.

The (exact) Einstein's field equation is a tensorial nonlinear partial differential equation that governs the spacetime metric $g_{\mu\nu}$ in relation to the flux of energy and momentum, which is captured by the energy-momentum tensor field $T_{\mu\nu}$:

$$(*) \qquad R_{\mu\nu} - \frac{1}{2}R\, g_{\mu\nu} = 8\pi\, T_{\mu\nu}\,.$$

(Units are defined such that $G = c = 1$, with G: gravitational constant, c: velocity of light.) Recall that the Ricci tensor is given in terms of the Levi-Civita Christoffel symbols by

$$R_{\mu\nu} = \Gamma^\alpha_{\mu\nu,\alpha} - \Gamma^\alpha_{\mu\alpha,\nu} - \Gamma^\beta_{\mu\alpha}\Gamma^\alpha_{\beta\nu} + \Gamma^\beta_{\mu\nu}\Gamma^\alpha_{\beta\alpha}\,.$$

An index preceded by a comma indicates a differentiation index: $f_{,\alpha} \overset{\text{def}}{=} \partial_\alpha f$.

(5) **a.** Show that $(*)$ reduces to $R_{\mu\nu} = 0$ in the homogeneous ("vacuum") case in which $T_{\mu\nu} = 0$.

If $T_{\mu\nu} = 0$, take the trace of $(*)$: $0 = g^{\mu\nu}(R_{\mu\nu} - \frac{1}{2}R\,g_{\mu\nu}) = R - 2R = -R$, thus the vacuum field equation reduces to $R_{\mu\nu} = 0$.

Even this simplified vacuum field equation is a nonlinear partial differential equation for $g_{\mu\nu}$ that is not easily solved. Perturbation theory allows us to linearize $(*)$ and a fortiori its homogeneous counterpart.

(5) **b.** Show that, in linearized gravity, we may approximate $R_{\mu\nu} = \Gamma^\alpha_{\mu\nu,\alpha} - \Gamma^\alpha_{\mu\alpha,\nu}$, ignoring the $\Gamma\Gamma$-terms.

Making use of the constancy of $\eta_{\mu\nu}$, the connection coefficients are seen to be $\mathcal{O}(h)$:

$$\Gamma^\alpha_{\mu\nu} = \frac{1}{2}g^{\lambda\alpha}(-\partial_\lambda g_{\mu\nu} + \partial_\nu g_{\mu\lambda} + \partial_\mu g_{\lambda\nu}) = \frac{1}{2}(\eta^{\lambda\alpha} + \mathcal{O}(h))(-\partial_\lambda h_{\mu\nu} + \partial_\nu h_{\mu\lambda} + \partial_\mu h_{\lambda\nu}) = \mathcal{O}(h).$$

(5) **c.** Show that, in linearized gravity, $\Gamma^\mu_{\alpha\beta} = \frac{1}{2}\left(-\partial^\mu h_{\alpha\beta} + \partial_\beta h^\mu_\alpha + \partial_\alpha h^\mu_\beta\right)$. Explain why index raising in this expression may be carried out with the help of the background (dual) metric $\eta^{\mu\nu}$ instead of $g^{\mu\nu}$.

This follows from the previous derivation in b, ignoring the higher order terms, and setting $\eta^{\lambda\alpha}\partial_\lambda = \partial^\alpha$. This index raising by the Minkowski dual metric is allowed, since for the actual metric we have $g^{\lambda\alpha} = \eta^{\lambda\alpha} + \mathcal{O}(h)$, and the $\mathcal{O}(h)$-terms in this identity only contribute to the negligible $\mathcal{O}(h^2)$-terms in the Γ-symbols.

(5) **d.** Show that, in linearized gravity, $R_{\mu\nu} = \frac{1}{2}\left(-\partial^\alpha \partial_\alpha h_{\mu\nu} + \partial_\mu \partial_\alpha h^\alpha_\nu + \partial_\alpha \partial_\nu h^\alpha_\mu - \partial_\mu \partial_\nu h^\alpha_\alpha\right)$.

Use the definition of the Ricci tensor and the observations in b and c. We have (with the abbreviated notation $f_{,\gamma} = \partial_\gamma f$)

$$\Gamma^\mu_{\alpha\beta,\gamma} = \frac{1}{2}\left(-\partial^\mu \partial_\gamma h_{\alpha\beta} + \partial_\alpha \partial_\gamma h^\mu_\beta + \partial_\beta \partial_\gamma h^\mu_\alpha\right),$$

and thus

$$\Gamma^\alpha_{\mu\nu,\alpha} = \frac{1}{2}\left(-\partial^\alpha \partial_\alpha h_{\mu\nu} + \partial_\mu \partial_\alpha h^\alpha_\nu + \partial_\nu \partial_\alpha h^\alpha_\mu\right),$$

respectively

$$\Gamma^\alpha_{\mu\alpha,\nu} = \frac{1}{2}\left(-\partial^\alpha \partial_\nu h_{\mu\alpha} + \partial_\mu \partial_\nu h^\alpha_\alpha + \partial_\alpha \partial_\nu h^\alpha_\mu\right).$$

Subtraction of the last two identities yields

$$R_{\mu\nu} = \Gamma^\alpha_{\mu\nu,\alpha} - \Gamma^\alpha_{\mu\alpha,\nu} = \frac{1}{2}\left(-\partial^\alpha \partial_\alpha h_{\mu\nu} + \partial_\mu \partial_\alpha h^\alpha_\nu + \partial^\alpha \partial_\nu h_{\mu\alpha} - \partial_\mu \partial_\nu h^\alpha_\alpha\right).$$

Note that $\partial^\alpha \partial_\nu h_{\mu\alpha}$ may be rewritten as $\partial_\alpha \partial_\nu h^\alpha_\mu$.

One commonly abbreviates

$$h \overset{\text{def}}{=} h^\alpha_\alpha \quad \text{and} \quad \Box \overset{\text{def}}{=} \partial^\alpha \partial_\alpha,$$

so that

$$R_{\mu\nu} = \frac{1}{2}\left(-\Box h_{\mu\nu} + \partial_\mu \partial_\alpha h^\alpha_\nu + \partial_\alpha \partial_\nu h^\alpha_\mu - \partial_\mu \partial_\nu h\right).$$

Moreover, the Ricci scalar is defined as

$$R = R^\mu_\mu.$$

(5) **e.** Show that, in linearized gravity, $R = \partial_{\mu\alpha} h^{\mu\alpha} - \Box h$.

The main observation is that $R = g^{\mu\nu}R_{\mu\nu} = (\eta^{\mu\nu} + \mathcal{O}(h))R_{\mu\nu}$, in which once again we may ignore the $\mathcal{O}(h)$-terms, since the Ricci tensor is itself $\mathcal{O}(h)$. Thus, using d, with the simplified notation for the trace and d'Alembertian,

$$R = \eta^{\mu\nu}R_{\mu\nu} = \frac{1}{2}\eta^{\mu\nu}\left(-\Box h_{\mu\nu} + \partial_\mu\partial_\alpha h_\nu^\alpha + \partial_\alpha\partial_\nu h_\mu^\alpha - \partial_\mu\partial_\nu h\right) = -\Box h + \partial_{\mu\alpha}h^{\mu\alpha} \,.$$

The l.h.s. of the Einstein field equation $(*)$ is known as the Einstein tensor: $G_{\mu\nu} \overset{\text{def}}{=} R_{\mu\nu} - \dfrac{1}{2}R\,g_{\mu\nu}$.

(5)   **f.** Show that, in linearized gravity,

$$G_{\mu\nu} = \frac{1}{2}\left(-\Box h_{\mu\nu} + \partial_\mu\partial_\alpha h_\nu^\alpha + \partial_\alpha\partial_\nu h_\mu^\alpha - \partial_\mu\partial_\nu h - \eta_{\mu\nu}\partial_\alpha\partial_\beta h^{\alpha\beta} + \eta_{\mu\nu}\Box h\right)\,.$$

Again, in linearized gravity we may replace the product $R\,g_{\mu\nu} = R\,(\eta_{\mu\nu} + h_{\mu\nu})$ simply by $R\,\eta_{\mu\nu}$, since the Ricci scalar R is itself $\mathcal{O}(h)$. Given this, one straightforwardly substitutes the results obtained in d and e into the definition of the Einstein tensor to obtain the desired result.

Another common notational convention relies on the so-called trace-reversed metric perturbation $\overline{h}_{\mu\nu}$:

$$\overline{h}_{\mu\nu} \overset{\text{def}}{=} h_{\mu\nu} - \frac{1}{2}h\eta_{\mu\nu}\,.$$

(5)   **g.** Explain the attribute "trace-reversed".

Contraction with $\eta^{\mu\nu}$ readily reveals that $\overline{h} = \eta^{\mu\nu}\overline{h}_{\mu\nu} = \eta^{\mu\nu}(h_{\mu\nu} - \frac{1}{2}h\eta_{\mu\nu}) = h - 2h = -h$.

(5)   **h.** Show that the definition of $\overline{h}_{\mu\nu}$ above is equivalent to $h_{\mu\nu} = \overline{h}_{\mu\nu} - \frac{1}{2}\overline{h}\eta_{\mu\nu}$.

We have, according to the definition, $h_{\mu\nu} = \overline{h}_{\mu\nu} + \frac{1}{2}h\eta_{\mu\nu}$. Substituting the result of g, i.e. $h = -\overline{h}$, on the r.h.s. yields the desired result.

(5)   **i.** Show that, in terms of the trace-reversed metric perturbation, the linearized Einstein field equation is given by the linear partial differential equation

$$-\Box\overline{h}_{\mu\nu} + \partial_\mu\partial_\alpha\overline{h}_\nu^\alpha + \partial_\alpha\partial_\nu\overline{h}_\mu^\alpha - \eta_{\mu\nu}\partial_\alpha\partial_\beta\overline{h}^{\alpha\beta} = 16\pi T_{\mu\nu}\,.$$

The observation in h, viz. that $h_{\mu\nu} = \overline{h}_{\mu\nu} - \frac{1}{2}\overline{h}\eta_{\mu\nu}$, can be substituted directly into the Einstein tensor obtained in f, leading to some cancellations. Using $(*)$ then completes the proof.

THE END